

Sex with Cancer Product Catalogue

Here you will find a vibrant and fun selection of products responding to the top <u>questions that you had asked</u> about sex with cancer in 2021.

Collaborating with our retail partner <u>Sh! Women's Store</u>, our shop curator <u>Toni</u> <u>Lewis</u> (pictured) selected each product to provide you with the maximum versatility and pleasure possible.

We believe that pleasure is a human right. We hope this collection brings you joy, hope and a ton of satisfaction – no matter what step of the journey you are on.

Where to shop

As the UK's first women's sex shop founded in 1992, the pioneering team at **Sh! Women's Store** has been championing female-focused pleasure for over 30 years.

<u>Head over to their website</u> where you can purchase many of these products, as well as finding a huge source of free advice and information.





Products:

Cordless Wand Massager

Rocks Off Rainbow Bullet Vibrator

Sh! Suction Sensation Toy

Sh! Cherry Love Ball

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Sex with Cancer Bandana



Cordless Wand Massager



If you are someone living with or experiencing chronic pain and/or fatigue we know that pleasure can sometimes be harder to access.

This product is great for kick-starting your low libido, helping with period pains and unlocking those tense, tired muscles all over the body. Using this toy as part of both your self-care massage and sensual routines allows the body to relax before attempting sexual intimacy.

This wand massager is pure magic. This versatile and powerful toy has 10 deep vibration modes for use all over the body, ANY body.

Whether by yourself or with others (seriously, phone a friend), its cordless functionality and USB chargeability means you aren't limited to pleasure within the radius of a plug socket making it a really good travel companion. If you find the contact too much, the large flexible silicone head means you can alter the position to cover a wider surface area.

This is the staple piece for your sexual wardrobe. With a 1 year guarantee, what have you got to lose?



Rocks Off Rainbow Bullet Vibrator



Get ya' rocks off honey! Not all bullet vibrators are created equal, and this pocket rocket is truly a winner in our eyes!

A small but powerful vibrator for use on acute small external areas (nipples, clitoris) where penetration may be painful. It can also provide pleasure where there may be loss of sensation, such as with erectile dysfunction. A gentle way to begin exploring changed bodies and what may feel pleasurable now.

Waterproof, beautiful kaleidoscopic rainbow design, and 7 different modes makes this a fantastic bang-for-your-buck toy. It's the size of a ring finger, so perfectly transportable and very easy to control. Press and hold the on/off button for 3 seconds and watch the bullet come to life!

What we love about this toy is the possibilities for intensely sensual intimate play. The pointed tip means that the sensations are focused on small surface areas. If you're struggling to keep an erection, try placing this vibe on the tip of your penis. Compact and powerful for its size all you need is to add lube and away you go!

How about using this toy to tease and edge yourself or your partner? Perhaps with a blindfold...



Sh! Suction Sensation Toy



Throw out the rubber duck – there's a new bath toy in town!

This clitoral suction toy is an alternative to penetrative products that may aggravate conditions caused by cancer treatments such as vaginismus, vaginal atrophy, dryness and menopause (cancer-induced or otherwise). Try this if you are experiencing reduced blood flow, loss of sensation, or if vaginal penetration is uncomfortable due to scar tissue or conditions like endometriosis.

If you're seeking those head-thrashing, breath-stealing, mindless orgasms that seem to be pulled from deep in your core, start here. 100% waterproof and chargeable via a USB magnet (she's fancy), this suction toy will take orgasmic pleasure to the next level.

With 3 speeds and 7 different modes, you can really play with this toy to suit your own level of sensitivity. This is really great if you are experiencing reduced blood flow, loss of sensation or find vaginal penetration uncomfortable due to scarring.

The buttons are easy to access on the soft touch egg-shaped body, and the light display helps you move through the different modes. It's nicely powerful without breaking the bank, and comes (pun intended) with a small plastic cup and bag for hygienic storage.



Sh! Cherry Love Ball



I'm your ch-ch-ch-cherry bomb! We at Sex with Cancer LOVE a versatile toy, and the Cherry Love Ball is no exception. One ball, two amazing functions.

A fun tool for kegel / pelvic floor strengthening exercises, the Cherry Love Ball also doubles as a sex toy for masturbation, oral sex and BDSM play. The ball is one of a set that helps with incontinence and weakening due to cancer treatments.

First things first, this is an intermediate love ball weighing in at 57 grams, so if your pelvic floor is weaker go for one of the lighter options available here. (A weak pelvic floor might cause you to leak a bit of pee when you sneeze or cough, for example, or you might find you don't feel a lot during penetration.)

The Sh! Cherry Love Ball is a fun tool for pelvic floor exercise, but also doubles as a sex toy to use during masturbation, oral sex, or perhaps while on a long walk or when doing the housework! Use this in tandem with our <u>Sex with Cancer</u> <u>water-based lube</u> as it will make insertion far more comfortable.

Gently push the cherry ball inside the vagina but leaving the tail end outside (just like a tampon). Squeeze and release against the ball in repetitions of 10. A set of 3 \times 10 reps is a good starting point, ideally repeated every day. Once the 10 repetitions begin to feel easy, hold each squeeze for two seconds before releasing. Over time, you'll find that you can hold each squeeze for longer, and your pelvic floor becomes stronger and your control better. This in turn can help with the intensity of orgasms.



Covered in smooth, squishy silicone, it's really easy to keep clean: just spritz with antibacterial toy cleaner, or wash with antibacterial hand wash and hot water. Supplied in a bag. Happy exercising!

The good news is that we can all practice kegels (the contraction of the pelvic floor muscle). So if you are experiencing incontinence as a result of prostate cancer, it is absolutely possible to strengthen and exercise this muscle. The same sets / repetitions of the squeeze-lift-and-release motion apply. Try to imagine stopping yourself from going to the bathroom and squeeze these muscles. Alternatively you can place a fingertip over the entrance of your anus and try to tighten the muscles under your fingertip. These are the pelvic floor muscles.



We-Vibe Unite Couples Vibrator



Go-go gadget vibe! The 'Unite' (in name and nature) is an exciting addition to the shop from the innovative minds of We-Vibe. This small, slim and quiet toy is so enjoyable and very easy to use with hands-free technology, slipping comfortably between partners during intercourse.

This is a toy intended to stimulate your intimacy, curiosity and clitoris alike. Designed for couples, this remote-control vibrator slips between partners during intercourse to vary and increase sensation achieving stronger orgasms for both.

The Unite is a C-shaped vibrator: the large pad being external/clitoral, whilst the smaller pad is designed to nestle against your G-Spot. The dual stimulation is perfect for the 70% of us who need clitorial stimulation in order to orgasm.

Splash-proof (not fully waterproof), this toy lasts for an hour on a single charge. With a single button remote control and no smart-phone app to contend with, Unite is We-Vibe's most straightforward and affordable couples' product to date. If you've ever wanted to try a sex-enhancing couples vibrator but have been put off by the high price tag or app technology, Unite is the We-Vibe for you!

Add a dab of your favourite lube before you slip the vibrator inside and get ready to experience! By the way, the remote works up to three meters away, so is perfect for coupling up, teasing, edging, building that sweet, sultry... sensual... anticipation...



Double-Ended Vibrator



This double ended vibrator is truly the Swiss army knife of sex toys, and one of our absolute favourites. It could probably do your monthly banking if you wanted. With two insertable, non-identical ends you can experience pleasure in two places or with two people (or three... use your imaginations people!)

One end features a moving bead under the silky-smooth silicone. Depending upon how you want to play, this magic bead can be used for stroking the clitoris or the G-spot, or stimulating the perineum... or the shaft... or the head... You get the idea. The bead has 9 sliding settings, and the on/off button has 3 speed options. Press it and scream if you wanna go faster! The other end is vibration only, but with 9 settings, you are definitely spoilt for choice. Again, pressing the on/off button gives you 3 speed options: fast, faster or faster still.

This double-ender is fantastic for couples play. Sharing is caring after all. Not only will you get to set your end to your favourite vibe mode, but you also get to watch your partner enjoy their end. This double-ended vibe is equally great for solo play (better, some may say, as you get to enjoy both ends simultaneously). You can also use this on your nipples or as a hands-free unit for dry humping. Oh the possibilities!

Keep your double-ended vibrator charged up and ready for pleasure by attaching the magnetic charging cable to the two magnetic dots on the back of the controller, and plug the other end into a USB port. A full charge takes around 90 minutes. Oh, one more thing – it's waterproof. You're welcome!



Tenga Spinner Male Masturbator



Shaped edges teamed with rhythmic sensation helps sustain blood flow and provide stimulation to help with both erectile dysfunction and early ejaculation.

All hands on d*ck! This is a male masturbator with a twist, quite literally.

The Tenga Spinner is a multi-use masturbator that twists upon insertion for increased sensation. Add a small slick of lube into the sleeve, slip and slide over the penis, and use your usual hand motion. The hidden coil inside the Tenga Spinner twists and turns to create delicious sensations and rhythms along the shaft.

There are three varieties each with different shaped ridges inside:

Hexa – hexagonal tiles with pointed edges

Tetra – geometric tiles with mild edges

Shell – slightly firmer fanned tiles with firm edges

Be aware that this toy best fits an average-sized penis or smaller, and is an economic option for those of us new to or reintroducing sexual intimacy. If you're comfortable spending more we recommend the incredible Tenga Flip Zero EV.



Power Clit Duo Cockring



Are you looking for more bang for your buck? Introducing the Power Clit Duo Vibrating Cockring.

Sleek, soft and made from 100% silicone, this is a fab couples toy providing extra stimulation during vaginal penetration and helping to prolong erections and ejaculation for early finishers.

There are 2 tight but stretchy rings that loop around the base of the penis and balls giving a nice firm squeeze. The body of the toy is designed to stimulate the clit and comes (pun intended) equipped with ten powerful vibration settings.

You also have the option to remove the bullet vibrator when you're not in the mood for buzzy-play or you'd like to use the bullet elsewhere. Simply hold down the on/off switch on the base of the bullet for 3-5 seconds and you're away.

Public service announcement: this is not for the butt! Without a flared base it will likely get lost up there, and that's one trip to A&E we could all probably do without!



Penis Vacuum Pump Vibrator



Pump up the jam! The Penis Vacuum Pump is a super fun yet practical toy designed to increase sensitivity, penis size and erection strength. A "vacuum treatment" is provided which works to improve penile tissue and allow more blood-flow to the penis. TELL ME MORE!

Combining suction and vibration, this Penis Vacuum Pump is designed to promote 'bigger and better' erections and have fun doing so. In the short term it increases sensitivity and if used regularly can result in increased penis size and erection strength. But please note this is a pleasure-centred toy, and is not medically prescribed or guaranteed to assist with erectile dysfunction.

So the power pump features a strong acrylic 8-inch chamber with an inner jelly sleeve and rubber seal component and a detachable bullet vibrator for additional play. Coating the rubber seal with a generous amount of water-based lube, place the seal onto the cylinder and insert the penis into the sleeve. Cover the vacuum-release valve with your finger. Attached to the cylinder is a medical-grade hand bulb and stainless steel quick release pressure valve. Squeezing the bulb forces the power pump to remove air from the cylinder and create the vacuum sensation, but with total control to lessen or increase the strength of suction.

Our friends at Sh! recommend around 30 minutes each day, 3 or 4 times a week, allowing for recovery time in between. And yes, in our opinion this does count as gym work-out. Third leg day.



X-Basic Ultra Soft Silicone Cockring



Some people like boxers and some people like boxer briefs.

If you're someone who likes your package all wrapped up you can't really go wrong here with the X-Basic. Soft, stretchy and made of silicone... and that's just me *rimshot*

The figure of 8 shape here is simple but effective, slip one hoop over the shaft and the other around the balls and voila! If you struggle to maintain an erection or just enjoy a firmer grip, why not slip both hoops over the shaft or balls?

For use alone or with partner/s, this toy is a shining example of a little goes a long way! One size fits all.

P.S. You may want to give your pubes a little trim before using this toy as longer hairs can get caught and end up pulling.



Sh! Vaginal Dilators



These soft silicone dilators have been designed by our wonderful friends at Sh! to aid with the symptoms of vaginismus and vaginal stenosis by gently stretching and strengthening the vaginal walls to retain capacity and prevent scar tissue. Whether brought on by menopause, cancer treatments or endometriosis, the involuntary contraction of the pelvic floor muscles can make penetration painful.

Dilators can also help make inserting tampons or cervical smear tests and exams less painful. We strongly advise you seek proper diagnosis from a health professional, and follow their instructions for dilating.

Available to purchase individually or as a set, these body safe silicone dilators come complete with bullet vibrator. While some dilators can feel and look a little too medical grade for our liking, this pretty lilac set offers both fun and practicality. Firm yet super flexible, the dilator curves to your own unique contours, gently stretching the vaginal walls and preventing scar tissue building.

It also features a removable 10 speed bullet vibrator that is not only USB chargeable but waterproof too. You can chill or warm the silicone as needed to ease discomfort. As your vagina becomes more elastic, you can graduate to a larger dilator in the set.

The dilating kit comes in a silk bag for safe and hygienic storage. Make sure you use plenty of lubrication, and if experiencing atrophy (dryness/thinning) we highly recommend the YES VM Vaginal Moisturising Gel.



Sex with Cancer Lube



We cannot stress this enough: LUBE IS LIFE!

Lube is your friend. Lube won't leave in the night. Have no fear that it might desert you!

Some of us might have been taught that lube was just for certain types of play or for certain bodies, but not only does lube reduce friction, everything just feels so much better!

This water-based personal lubricant is velvety, slippery and sleek. It never turns sticky or tacky, and is conditioning for your skin – so perfect for massage too. It is sure to enhance all solo, partner and sex toy play, and every bottle supports the Sex with Cancer project.

Please be aware that this product does contain glycerin, so if you're someone prone to yeast infections you may want to opt for <u>Yes Organic Lubricant</u> instead.



Yes VM Vaginal Moisturising Gel



Yes VM (vaginal moisturiser) is a certified organic gel intended to help vaginas feel more comfortable.

Reasons for vaginal dryness are many: atrophy, menopause, dehydration, medication, stress, tiredness, long sex sessions, and natural ageing of the body being the most common. If your vagina feels dry, irritated and sore, Yes VM could be just what it is asking for.

Because sometimes nature needs a helping hand, here is a soft, clear bio-adhesive gel from YES VM which is pH-matched to protect against further irritation. Helping to restore and stabilise the protective acidity of your intimate area, a 5ml application to the delicate inner tissue typically provides a moist, comfortable vagina for up to 3 days at a time.

The instructions will show a woman using an applicator which isn't included but can be purchased here (though you can also use this product without an applicator). Yes VM is also suitable for use with Sh! Vaginal Dilators.

When cancer treatment (surgery or chemotherapy) has resulted in vaginal dryness, Yes VM successfully moisturises delicate or traumatised intimate tissue, and is safe for hormone-sensitive conditions. Yes VM is not a contraceptive, but is safe to use with latex and polyurethane condoms.



Yes Organic Lubricant



Validated by its Soil Association UK certification, Yes Organic has started the "intimate revolution"!

A pure and hydrating lubricant, Yes Organic Lubricant (50ml) offers a realistic feel of lubrication – soft, velvety and sensuous. Yes Organic Lube is hypo-allergenic and fragrance free without any discernible taste, colour or residue. It replenishes natural moisture, protects mucus membranes, and if necessary, supports healing.

Yes Organic Lubricant is pH compatible and won't disturb the natural balance of your body. It has the dual function of outstanding lubrication and deep re-moisturising. This lube is 100% non-irritant, condom-friendly, neither a spermicide nor a contraceptive, and is never tested on animals.



Lube Tube Applicators



A handy pack of two reusable precision applicators perfect for internal lubrication either vaginally and/or anally.

When your fingers just aren't long enough, using an applicator ensures lube coats delicate tissues deeper inside. This is especially useful if you are experiencing dryness or pain during penetration which can be caused by a variety of issues including menopause, breastfeeding, hysterectomy, chemotherapy, radiotherapy, the contractive pill and antidepressants.

With a mess and leak-free design, dip the plunger into your favourite lube, gel, oil or vaginal moisturiser, pull up until you reach the desired amount, and then apply as needed. The tip is comfortably rounded and can be coated in a little extra lube for smooth application.

Please note that lubricant or moisturiser must be purchased separately. Do not share your Lube Tube with your partner, and never use the same applicator for both anal and vaginal applications.



ON Ultra Natural Arousal Oil



ON Ultra Natural Arousal Oil from Sensuva is a sexual enhancer carefully created to stimulate the clitoris. The oil doesn't just give a warming or cooling sensation but instead, when applied directly to your clitoris, slowly develops a 'buzzing' sensation; just like holding a small vibrator to your most sensitive parts.

If you're looking to kick start your low libido we recommend giving this a try. The perfect blend of botanicals in this sexual enhancer works to increase the connection between your body and mind by stimulating your clit with a tingling sensation – this is great for teasing and edge play! Add a drop of two to your finger and apply. The oil will gently warm creating a tingly build-up, leading to an incredible buzzing sensation that lasts up to 45 minutes. (Those menstruating, be prepared as you may feel different amounts of sensation due to fluctuation in hormones during your cycle.)

Looking to make things interesting? Try keeping this in your handbag or desk at work, so that it's on hand to make that tedious train ride or boring board meeting much more interesting! Don't forget that your partner has hands too... $\ensuremath{\mathfrak{S}}$

ON Ultra Natural Arousal Oil is completely edible for use during oral play, and is safe to use with all plastic or silicone sex toys. It is not suitable for use with latex condoms, or if you're pregnant or breast-feeding.



Sh! Best Strap-On Dildo Kit



Hand-crafted in soft, back leather, this harness is incredibly comfortable to wear, whilst securely holding the dildo in place. Completing the kit is a large bottle of all-important lube to keep your strap on moves smooth and sensual, plus antibacterial toy cleaner, for fast, easy dildo cleaning. Ideal for queer folx and pegging.

Sh! have teamed their best-selling dildo with their best-selling strap-on harness and added their best-selling lube to bring you the Best Strap-On Dildo Kit!

The Cupid 3 is a 6-inch, medium-width silicone dildo that has curves in all the right places – it's easy to see why it's their best selling dildo. The 2-Strap Harness is also a top product and comes stocked in a wide variety of sizes from XS-XXL. (If you require a longer strap, just get in touch with Sh! who will make it happen.)

Completing the kit is a large bottle of all-important lube to keep your moves smooth and sensual, and antibacterial toy cleaner to keep your products in tip top shape.

Everything comes beautifully packaged in a quality box for clean, convenient storage and ensuring a lush luxury gift.



The Reawakening Pleasure Kit



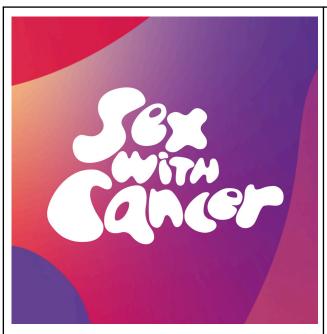
Inspired by springtime, The Reawakening Pleasure Kit is a curious, fresh and hopeful resource for re/introducing, re/engaging, re/considering and re/connecting to our new normal and changed bodies, and the intimacy and sexual desire we seek.

Featuring a thoughtfully curated selection of lush products, this Pleasure Kit aims to build confidence, nurture and inspire us to explore gently.

Your Reawakening comes with a Pleasure Guide full of tips, inspiration, meditations and practical resources; a bottle of water-based lubricant; anti-bacterial toy cleaner; and more.



Young Hearts Run Free Pleasure Kit



If you happen to be a young person, you may or may not know the disco legend Ms Candi Staton (shame on you), but this super fun Pleasure Kit is inspired by her wonderful lyrics, "Young Hearts, To Yourself Be True". The rest of the song is about regret and being trapped in a desperate marriage, but THAT line is a mantra to live by.

If you are a young person, or new to sex and sexual intimacy, this playful kit has been created to facilitate play, build confidence and promote better communication around sex. This kit has been created as a resource for people wanting to establish a clear sense of self as they approach being sexually active, discovering what they like, and how to ask for it.

Your Pleasure Kit comes with a limited edition Sex with Cancer Bandana designed by artist & designer Mamoru Iriguchi; a bottle of Sex with Cancer water-based lubricant; and anti-bacterial toy cleaner. Lesson 1 young Padawan: lube is for everyone!



Conversation Champion Badge



Our Sex with Cancer Conversation Champion Badge is the perfect gift for that healthcare professional who you have always turned to.

Perhaps it was a shame-free discussion, or sensitive use of language, perhaps it was a link to the right website or a good book recommendation, or perhaps it was just someone who simply made you feel seen.

Measuring 4cm \times 4cm, this sleek, stylish badge is a public way for you to say thanks to them, and for them to be seen by the broader community as an example of awesome practice.



Sex with Cancer Bandana



Our limited edition Sex with Cancer bandana is a delightful alphabetical play with our name. It's been designed by Mamoru Iriguchi after typography and logo design originally created by Louise Richardson.

Made from 100% cotton, this large bandana measures 74cm \times 74cm, meaning that it can be worn in multiple styles: as a headscarf, a neckerchief, a back pocket detail, or a face covering.